

THIS WEEK

AT THE PITKIN COUNTY SENIOR CENTER

0275 Castle Creek Road • Aspen

April 6 - 10, 2026

LUNCH

- Community members and visitors age 60+ are welcome
- Suggested donation: \$4-5
- RSVP 24 hours in advance: (970) 429-6161

MONDAY, APRIL 6

Wild Mushroom Pasta, with Peas, Asparagus & Red Peppers, Caprese Salad, Tiramisu

TUESDAY, APRIL 7

Beef Shortribs w/Chimichurri
Baby Carrots, House Salad,
Lava Cake

WEDNESDAY, APRIL 8

Pork Enchiladas
w/ Green Chili Sauce
Caesar Salad, Caramel Flan

THURSDAY, APRIL 9

Baked Potato, Veggie Chili,
Cornbread, House Salad,
Boston Cream Pie

FRIDAY, APRIL 10

Pork Tenderloin, New Potatoes,
Green Beans, Gravy,
Celeraic Slaw, Ice Cream

CONTINENTAL BREAKFAST

Items are available Monday through Friday, 8:30-10:00 a.m.

PROGRAM HIGHLIGHTS

- Programs take place at the Senior Center unless otherwise noted
- For program details & sign-up info: PitkinSeniors.com • (970) 920-5432

MONDAY, APRIL 6

9:00-4:00 Smiles for Seniors @ CHS*
1:30 Foot Care*

TUESDAY, APRIL 7

1:00 The Power of Perspective*

WEDNESDAY, APRIL 8

1:00 Artificial Intelligence Workshop*

THURSDAY, APRIL 9

10:00 Mahjong & Muffins
1:15 Hotel Jerome Tour*

FRIDAY, APRIL 10

1:00 History's Mysteries W/ Christi
1:30 Bridge for All Levels

*These programs require RSVP

FITNESS CLASSES

Yoga: Mon., Wed. • 10:15; Fri. • 9:15
Balance: Tue. & Thur. • 10:00
Qigong: Thur. • 11:00
Tone & Stretch: Canceled

Reminder: The RFTA Senior Van can help with your transportation needs. Call (970) 384-4855 for more information and to schedule rides.



**PITKIN COUNTY
SENIOR SERVICES**
Aging Well in Our Community

More info, programs & resources:
PitkinSeniors.com • (970) 920-5432