THIS WEEK

AT THE PITKIN COUNTY SENIOR CENTER

0275 Castle Creek Road • Aspen

August 10 - 14, 2026

LUNCH

- *Community members and visitors age 60+ are welcome*
- *Suggested donation: $4-5*
- *RSVP 24 hours in advance: (970) 429-6161*

MONDAY, AUGUST 10
Red Beans & Rice,
Cajun Corn, House Salad,
Pecan Pie

TUESDAY, AUGUST 11
Pork Enchiladas Casserole,
Jicama Salad,
Peaches & Cream

WEDNESDAY, AUGUST 12
Tarragon Chicken, Pasta,
Asparagus, House Salad,
Strawberry Shortcake

THURSDAY, AUGUST 13
Baked Potato, Vegetarian Chili,
Macaroni Salad,
Banana Pudding

FRIDAY, AUGUST 14
Brisket, Baked Beans,
Corn, House Salad,
Cherry Pie

CONTINENTAL BREAKFAST

Items are available Monday through Friday, 8:30-10:00 a.m.

PROGRAM HIGHLIGHTS

- *Programs take place at the Senior Center unless otherwise noted*
- *For program details & sign-up info: PitkinSeniors.com • (970) 920-5432*

MONDAY, AUGUST 10
10:00 Canasta
1:00 Aspen Psychedelic Center
2:00 Alpine Legal Services*

TUESDAY, AUGUST 11
Redstone Senior Day* with
Redstone Historical Society

WEDNESDAY, AUGUST 12
10:00 Counselor Consults*
10:00 Mahjong & Muffins
1:15 Difficult Trail w/ Sheehan Meagher*

THURSDAY, AUGUST 13
1:30 Foot Care*

FRIDAY, AUGUST 14
9:30 Mental Health Care Appointments*
11:30 CSA Farmer's Market
12:45 Music with Aggie Flores
1:30 Bridge for All Levels

SATURDAY, AUGUST 15
12:00-2:00 Ice Cream Social @ AHS

**These programs require RSVP*

FITNESS CLASSES

Qigong: Mon. • 11:00
Balance: Tue. & Thur. • 10:00
Yoga: Tue. & Thur. • 11:00

PITKIN COUNTY SENIOR SERVICES
Aging Well in Our Community

More info, programs & resources:
PitkinSeniors.com • (970) 920-5432