THIS WEEK

AT THE PITKIN COUNTY SENIOR CENTER

0275 Castle Creek Road • Aspen

Aug. 31 - Sept. 4, 2026

LUNCH

- *Community members and visitors age 60+ are welcome*
- *Suggested donation: $4-5*
- *RSVP 24 hours in advance: (970) 429-6161*

MONDAY, AUGUST 31
Vegetable Enchiladas,
House Salad,
Black Forest Cake

TUESDAY, SEPTEMBER 1
Tuna Salad w/ Marble Potatoes & Tomatoes over Greens,
Cookies

WEDNESDAY, SEPTEMBER 2
Spaghetti & Meatballs,
Garlic Bread, Caprese Salad,
Strawberry Shortcake

THURSDAY, SEPTEMBER 3
Coconut Curry Chicken,
Rice, Cucumber Salad,
Banana Pudding

FRIDAY, SEPTEMBER 4
Shrimp Scampi, Rice Pilaf,
Jeweled Spinach, Garlic Knots,
House Salad, Key Lime Pie

CONTINENTAL BREAKFAST

Items are available Monday through Friday, 8:30-10:00 a.m.

PROGRAM HIGHLIGHTS

- *Programs take place at the Senior Center unless otherwise noted*
- *For program details & sign-up info: PitkinSeniors.com • (970) 920-5432*

MONDAY, AUGUST 31
Canasta - Canceled

TUESDAY, SEPTEMBER 1
1:30 Foot Care*

WEDNESDAY, SEPTEMBER 2
10:00 Counselor Consults*
10:00 Mahjong & Muffins
1:00 Ice Cream Social

THURSDAY, SEPTEMBER 3
1:00 Unlock your AI Superpowers with Sandy Herron

FRIDAY, SEPTEMBER 4
9:30 Mental Health Care Appointments*
11:30 CSA Farmer's Market
1:00 Author Talk: T.A. Stevens: Ida Chatfield Aspen's Oldest Unsolved Mystery
1:30 Bridge for All Levels

**These programs require RSVP*

FITNESS CLASSES

Qigong: Mon. • 11:00
Balance: Tue. & Thur. • 10:00
Yoga: Tue. & Thur. • 11:00

PITKIN COUNTY SENIOR SERVICES
Aging Well in Our Community

More info, programs & resources:
PitkinSeniors.com • (970) 920-5432