

# Dementia Prevention

**Dr. Brooke Allen, Roaring Fork Neurology**

**Wednesday, May 2 at 1:00**

- Understand the difference between normal changes in memory with aging and cognitive impairment or dementia
- Identify red flags in a family member or friend who might be experiencing early signs of cognitive decline
- Identify reversible causes of memory loss
- Discuss typical treatments and preventive strategies for cognitive decline
- Learn more about and consider participating in the Generation Program



*Dr. Brooke Allen graduated from the University of Mississippi School of Medicine in 2006. She completed her neurology residency at the CU-Denver in 2010. She is board certified by the American Board of Psychiatry and Neurology in the field of Neurology.*