

Patrick J. D'Silva, PhD



Patrick J. D'Silva lives with his family in Boulder, CO. He completed his PhD in Religious Studies at the University of North Carolina at Chapel Hill in 2018. His research focuses on the exchange of esoteric breathing practices within South Asia during and after the Mughal period (16-19th CE), with an emphasis on the Persian translations of Shaivite Tantra that eventually are incorporated within several Muslim mystical traditions (commonly referred to as Sufism). Crossing boundaries of language (Sanskrit, Hindi, Persian, Arabic, Urdu, English) and religious denomination (Hindu, Muslim, Jain); these practices show up in many different kinds of texts and contexts that raise important questions about our received categories of religion, science, and magic.

Recent (and future) publications include:

2020 – co-authored with Carl W. Ernst. *Breathtaking Insights: Indian and Sufi Breath Practices from the Kāmarūpančāśikā to Hazrat Inayat Khan*, Richmond, Virginia, Suluk Press. Forthcoming.

2020 – “Islam, Yoga and Meditation.” In *Routledge Companion to Yoga and Meditation Studies*, Suzanne Newcombe and Karen O’Brien-Kop, eds. London: Routledge, under peer review.

2020 – “Bodies in Translation: Esoteric Conceptions of the Muslim Body in Early-modern South Asia.” In *Subtle Bodies, Spatial Bodies: Transformational Embodiment in Asian Religions*, George Pati and Katherine C. Zubko, eds. London: Routledge, 168-186.

Prior to beginning doctoral studies, Patrick taught in various capacities at the University of Colorado at Boulder, Naropa University, and Front Range Community College. He currently teaches courses on world religions and Islamic philosophy at University of Colorado at Colorado Springs, and world mythology at FRCC.

More information available at www.patrickjdsilva.com.