

THIS WEEK

AT THE PITKIN COUNTY SENIOR CENTER

0275 Castle Creek Road • Aspen

February 9-13, 2026

LUNCH

- Community members and visitors age 60+ are welcome
- Suggested donation: \$4-5
- RSVP 24 hours in advance: (970) 429-6161

MONDAY, FEBRUARY 9

Butternut Squash Soup, Shaved Parmesan, Roll, House Salad, Cherry Pie

TUESDAY, FEBRUARY 10

Roasted Chicken, Mashed Potatoes, Mixed Vegetables, Bean Salad, Brownies

WEDNESDAY, FEBRUARY 11

Vegetable Soup with Barley, Pasta Salad, Boston Cream Pie

THURSDAY, FEBRUARY 12

BBQ Ribs, Roasted Zucchini, Potato Salad, Coleslaw, Banana Pudding

FRIDAY, FEBRUARY 13

Miso Cod, Bok Choy, Shiitake Mushrooms, White Rice, House Salad, Baked Pears

CONTINENTAL BREAKFAST

Breakfast items are available Monday through Friday, 8:30-10:00 a.m.

PROGRAM HIGHLIGHTS

- Programs take place at the Senior Center unless otherwise noted
- For program details & sign-up info: PitkinSeniors.com • (970) 920-5432

MONDAY, FEBRUARY 9

10:15 High School Tech Connect
2:00 Alpine Legal Services*

TUESDAY, FEBRUARY 10

Redstone Senior Day: Candlemaking with Nicole Farrell*
1:15 Baking @ CMC: Cakes*
1:30 Foot Care*

WEDNESDAY, FEBRUARY 11

10:00-12:00 Counselor Consults*
12:45 Massage with Joanne*
1:00 Fantastic Freddie Fisher

THURSDAY, FEBRUARY 12

10:00 Mahjong & Muffins
1:00 Active Art @ AAM
5:00 Care Partner Support Group

FRIDAY, FEBRUARY 13

12:00 Valentine's Lunch w/David Dyer*
1:30 Bridge for All Levels

*These programs require RSVP

FITNESS: Yoga: Mon., Wed. & Fri. • 10:15
Balance: Tue. & Thur. • 10:00
Qigong: Thur. • 11:00
Tone & Stretch: Fri. • 9:15



**PITKIN COUNTY
SENIOR SERVICES**
Aging Well in Our Community

More info, programs & resources:
PitkinSeniors.com • (970) 920-5432