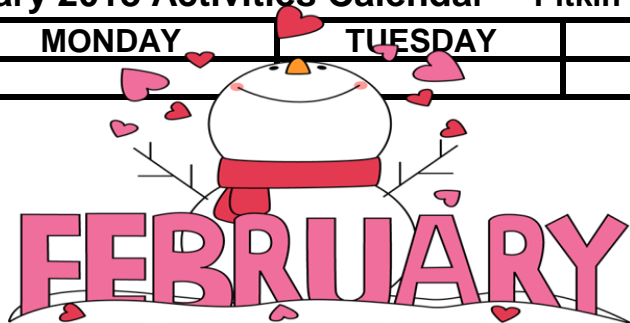




**February 2018 Activities Calendar -- Pitkin County Senior Services 0275 Castle Creek Rd Aspen, CO 81611 920-5432**



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				<b>1 SNOWMASS</b> 8:45 Yoga 10:00 Balance Class 12:00 Lunch	<b>2</b> 9:30 Pilates 10:45 Tai Chi for Health 12:00 Lunch <b>1:30 Active Art</b> Aspen Art Museum	<b>3 ASPEN</b> <b>12:00 Elks</b> Lodge Winter <b>Luncheon</b> 3:00-5:00 "Pre-Tech" computer class
<b>4</b>	<b>5 HIGHLANDS</b> 9 & 10:00 Tai Chi/Qigong 11:00 AIM 12:00 Lunch <b>1:00 Recycling</b> 3-5 p.m. Knitting Group	<b>6</b> 8:45 Yoga 10:00 Balance class <b>11:00 Scribble</b> with Liz <b>2:00 Alpine Legal</b> sign up 920-5432	<b>7 HIGHLANDS</b> 9:30 Pilates 11:00 AIM 12:00 Birthday Lunch 7:00 Alzheimer's Support	<b>8 SNOWMASS</b> 8:45 Yoga 10:00 Balance Class <b>11-1 Food Pantry at</b> USFS Ranger Station 12:00 Lunch 1:00 Krav Maga Info&Demo	<b>9</b> 9:30 Pilates 10:45 Tai Chi for Health 12:00 Lunch <b>1:00 Jewelry Design</b>	<b>10 ASPEN</b> 3:00-5:00 "Pre-Tech" computer class @ CMC Call Gina (970)424-9767
<b>11</b>	<b>12 HIGHLANDS</b> 9 & 10:00 Tai Chi/Qigong 11:00 AIM 12:00 Lunch <b>1:00 Interactive Music</b> with Mack Bailey 3-5 p.m. Knitting	<b>13</b> 8:45 Yoga 10:00 Balance class	<b>14 HIGHLANDS</b> 9:30 Pilates 11:00 AIM <b>12:00 Valentine's Lunch</b> w/ Dwight Ferren <b>2:30 2nd Wed. Friends</b> Tech Assistance	<b>15 SNOWMASS</b> <b>8:45 Senior Day on</b> Aspen Mountain sign up required 920-5432 8:45 Yoga 10:00 Balance Class 12:00 Lunch	<b>16</b> 9:30 Pilates 10:45 Tai Chi for Health 12:00 Lunch <b>1:00 Scribble with Liz</b>	<b>17 ASPEN</b> 3:00-5:00 "Pre-Tech" computer class @ CMC
<b>18</b> 3:00 Lit Out Loud Library 3-5 p.m. Knitting	<b>19 HIGHLANDS</b> <b>Senior Center</b> <b>Closed for</b> <b>Presidents Day</b>  	<b>20</b> 8:45 Yoga 10:00 Balance class <b>10:00-4:00 Medicare</b> 1:1 appointments w/ TJ Dufresne sign up 920-5432	<b>21 HIGHLANDS</b> 9:30 Pilates 11:00 AIM 12:00 Lunch <b>1:00-3:00 Senior</b> Services Council	<b>22 SNOWMASS</b> 8:45 Yoga 10:00 Balance Class 12:00 Lunch <b>1:00 Religious Traditions:</b> Islam <b>5:00 Deeksha Meditation</b>	<b>23</b> 9:30 Pilates 10:45 Tai Chi for Health 12:00 Lunch <b>12:45 Newsletter Mailing</b> Volunteers Wanted	<b>24 ASPEN</b> 3:00-5:00 "Pre-Tech" computer class @ CMC
<b>25</b> 3-5 p.m. Knitting Group	<b>26 HIGHLANDS</b> 9 & 10:00 Tai Chi/Qigong 11:00 AIM 12:00 Lunch <b>1:00 Lung Power with</b> Pat Bohman	<b>27</b> 8:45 Yoga 10:00 Balance class <b>12:00-2:00 Vets</b> Coffee & Donuts at Pitco Library	<b>28 HIGHLANDS</b> 9:30 Pilates <b>10:45 Book Club</b> 11:00 AIM 12:00 Lunch <b>12:45 - 2:00 Massage</b> Sign up 920-5432	<b>Weekly Grocery</b> <b>Shopping:</b> <b>Mondays at 1:15</b> <b>Call 920-5432</b> <b>for more info</b>		