

# MENU

## JANUARY 2018

| MONDAY   | WEDNESDAY   | THURSDAY   | FRIDAY   |
|--|---|--|--|
| <b>1</b><br><b>Senior Center Closed For New Years Day</b>  | <b>3</b><br>Chicken Piccata<br>Long Grain Rice<br>Steamed Broccoli<br>Caesar Salad<br>Birthday Cake                     | <b>4</b><br>Beef & Broccoli<br>Asian Vegetables<br>Brown Rice<br>Cuc, Tomato Salad<br>Cheesecake w/<br>Strawberry Sauce      | <b>5</b><br>Shrimp Salad<br>Tomato Basil Soup<br>Sweet Corn<br>Small Orange<br>Blondie &<br>Coffee Ice Cream   |
| <b>8</b><br>Stuffed Shells<br>Marinara Sauce<br>Green Beans<br>Spinach &<br>Strawberry Salad<br>Garlic Bread<br>Tiramisu | <b>10</b><br>Chicken Caesar Salad<br>Sliced Tomatoes<br>Mixed Fruit<br>Apple Crisp<br>Whipped Cream                     | <b>11</b><br>Roasted Pork Loin<br>Brown Gravy<br>Garlic Mashers<br>Steamed Broccoli<br>Tossed Salad<br>Peach Cobbler         | <b>12</b><br>Baked Mahi Mahi<br>Mango Salsa<br>Quinoa Pilaf<br>Broccoli Salad<br>Pecan Pie                     |
| <b>15</b><br><b>Senior Center Closed For Martin Luther King, Jr. Day</b>   | <b>17</b><br>Chicken Pot Pie<br>Green Beans<br>Buttermilk Biscuit<br>Tossed Salad<br>Mixed Fruit<br>Banana Pudding      | <b>18</b><br>Beef Brisket<br>BBQ Sauce<br>Baked Beans<br>Broccoli Slaw<br>Key Lime Pie                                       | <b>19</b><br>Trout Almondine<br>Cole Slaw<br>Wild Rice Pilaf<br>Zucchini &<br>Tomatoes<br>Blueberry Cobbler    |
| <b>22</b><br>Cheese Tortellini<br>Alfredo Sauce<br>Tossed Salad<br>Mixed Vegetables<br>Bread Stick<br>Banana<br>Dessert  | <b>24</b><br>Pork Green Chili<br>Mixed Green Salad<br>w/ Goat Cheese<br>Cornbread<br>Orange<br>Chocolate Chip<br>Cookie | <b>25</b><br>Roasted Chicken<br>Breast<br>Wild Mushrooms<br>Rosemary Potatoes<br>Mixed Greens<br>Chocolate Chunk<br>Brownies | <b>26</b><br>Maryland Crabcake<br>Brown Rice<br>Waldorf Salad<br>Mixed Greens<br>Mixed Vegetables<br>Lemon Bar |
| <b>29</b><br>Beef Pot Roast<br>Brown Gravy<br>Mashed Potatoes<br>Green Beans<br>Apple Crisp<br>Whipped Cream             | <b>31</b><br>Chicken Chili<br>Mixed Greens<br>Cornbread<br>Half Banana<br>Pumpkin Pie                                   |  |  |

**Whole grain bread and 2% milk are available at each meal unless otherwise indicated**

**Reservations required. Call (970) 429-6161, 24-hours in advance**

**Please arrive by 12:20**