

JULY 2018 EVENTS CALENDAR

SUN	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SAT
1 3:00-5:00 Knitting Group. For information call Kathryn (970) 925-4249	2 9:00 Tai Chi/Qigong 10:00 Tai Chi/Qigong 11:00 AIM 12:00 Independence Day Lunch & Celebration	3 8:45 Yoga 10:00 Balance Class	4 Senior Center Closed for Independence Day 10:00 Elks Lodge Breakfast 11:00 Parade	5 8:45 Yoga 10:00 Balance Class 12:00 Lunch 5:00 Deeksha Meditation	6 9:30 Pilates 12:00 Lunch 1:00 Friday Flick: Darkest Hour	7 3:00-5:00 "Pre-Tech" computer class at CMC For info call Gina (970) 424-9767
8 3:00-5:00 Knitting Group	9 9:00 Tai Chi/Qigong 10:00 Tai Chi/Qigong 11:00 AIM 12:00 Lunch 12:45 Book Bike visit 1:00 Tech Help w/ Aspen Science Center	10 8:45 Yoga 10:00 Balance Class	11 9:30 Pilates 11:00 AIM 12:00 Birthday Lunch 12:45-2:15 Massage w/ Joanne Johnson 7:00 Alz. Support Grp (note date change)	12 8:45 Yoga 10:00 Balance Class 12:00 Lunch 12:45 Ready. Set. Go. Wildfire Preparation 11:00-1:00 Food Pantry at CMC 255 Sage Way	13 9:30 Pilates 12:00 Lunch	14 3:00-5:00 "Pre-Tech" computer class at CMC
15 1:00-3:00 Lit Out Loud at the Library 3:00-5:00 Knitting Group	16 9 & 10:00 Tai Chi/Qigong 11:00 AIM 12:00 Lunch 1:00 Music Festival String Duo	17 8:45 Yoga 10:00 Balance Class	18 9:30 Pilates 11:00 AIM 12:00 Lunch 1:00-3:00 Senior Services Council	19 8:45 Yoga 10:00 Balance Class 12:00 Lunch 12:45 Ready. Set. Go. Wildfire Prep w/AFD 10:30-12:30 Pitco Econ Asst & VSO at Senior Ctr. 11:00-1:00 Lift Up	20 9:00-4:00 Smiles for Seniors at HS. Call Kelly to sign up 309-2064 9:30 Pilates 12:00 Lunch 1:00 Jewelry Design w/ Lynn Dunlop	21 3:00-5:00 "Pre-Tech" computer class at CMC
22 3:00-5:00 Knitting Group	23 9:00 Tai Chi/Qigong 10:00 Tai Chi/Qigong 11:00 AIM 12:00 Lunch 1:00 AHS Monday Movie: "Little Skier's Big Day"	24 8:45 Yoga 10:00 Balance Class 12:00-2:00 Veterans Coffee & Donuts at the Pitkin County Library	25 9:30 Pilates 10:45 Book Club 11:00 AIM 12:00 Lunch 12:45 Mountain Family Health Information	26 8:45 Yoga 10:00 Balance 12:00 Lunch 1:00 Religious Traditions: Daoism	27 9:30 Pilates 12:00 Lunch 1:00 Holden/Marolt Museum Tour	28 3:00-5:00 "Pre-Tech" computer class at CMC
29 3:00-5:00 Knitting Group	30 9:00 Tai Chi/Qigong 10:00 Tai Chi/Qigong 11:00 AIM 12:00 Lunch	31 8:45 Yoga 10:00 Balance Class	WEEKLY GROCERY SHOPPING Mondays at 1:15 Call (970) 920-5432 for more info			