

JUNE 2018 EVENTS CALENDAR

SUN	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SAT
	<p>WEEKLY GROCERY SHOPPING Mondays at 1:15 Call (970) 920-5432 for more info</p>				<p>1 9:30 Pilates 12:00 Lunch 12:45 Primary Election Information with Janice Vos Caudill</p>	<p>2 3:00-5:00 "Pre-Tech" computer class at CMC For info call Gina (970) 424-9767</p>
<p>3 3:00-5:00 Knitting Group. For information call Kathryn (970) 925-4249</p>	<p>4 9:00 Tai Chi/Qigong 10:00 Tai Chi/Qigong 11:00 AIM 12:00 Lunch 1:00 Hand and Foot Massage w/Fred Alderfer—920-5432</p>	<p>5 8:45 Yoga 10:00 Balance Class 2:00 Alpine Legal Sign up 920-5432</p>	<p>6 9:30 Pilates 11:00 AIM 12:00 Birthday Lunch 12:45 Massage with Joanne Johnson Sign Up 920-5432 7:00 Alz. Support Grp</p>	<p>7 8:45 Yoga 10:00 Balance Class 12:00 Lunch</p>	<p>8 9:30 Pilates 12:00 Lunch</p>	<p>9 3:00-5:00 "Pre-Tech" computer class at CMC</p>
<p>10 3:00-5:00 Knitting Group</p>	<p>11 9 & 10:00 Tai Chi/Qigong 11:00 AIM 12:00 Lunch 1:00 Creative Musings w/ Jennie Curtis 1:00 Tech Help w/ Aspen Science Center interns</p>	<p>12 8:45 Yoga 10:00 Balance Class</p>	<p>13 9:30 Pilates 11:00 AIM 12:00 Lunch 12:45 Buddhist Monks</p>	<p>14 8:45 Yoga 10:00 Balance Class 11:00-1:00 Food Pantry at CMC 255 Sage Way 12:00 Lunch 12:45 Ready. Set. Go. Wildfire Prep w/AFD</p>	<p>15 9:30 Pilates 12:00 Lunch 12:45 Supplements: What Works? with Melaine Hendershott</p>	<p>16 3:00-5:00 "Pre-Tech" computer class at CMC</p>
<p>17 3:00-5:00 Knitting Group</p>	<p>18 9:00 Tai Chi/Qigong 10:00 Tai Chi/Qigong 11:00 AIM 12:00 Lunch 1:00 Interactive Music w/ Mack Bailey</p>	<p>19 8:45 Yoga 10:00 Balance Class</p>	<p>20 9:30 Pilates 11:00 AIM 12:00 Lunch 1:00 Senior Services Council</p>	<p>21 8:45 Yoga, 10:00 Balance 12:00 Lunch 10:30-12:30 Pitco Econ Asst & VSO at Senior Ctr. 11:00-1:00 Lift Up 1:00 Religious Traditions: Buddhism</p>	<p>22 9:00-4:00 Smiles for Seniors at HS. Call Kelly to sign up 309-2064 9:30 Pilates 12:00 Lunch 1:00 Winston Churchill w/Cita Stelzer</p>	<p>23 3:00-5:00 "Pre-Tech" computer class at CMC</p>
<p>24 3:00-5:00 Knitting Group</p>	<p>25 9:00 Tai Chi/Qigong 10:00 Tai Chi/Qigong 11:00 AIM 12:00 Lunch</p>	<p>26 10:00-2:00 Summer Day Soirée 12:00-2:00 Veterans Coffee & Donuts at the Pitkin County Library</p>	<p>27 9:30 Pilates 10:45 Book Club 11:00 AIM 12:00 Lunch 11:30-2:00 Picnic at the Grottos RSVP 920-5432</p>	<p>28 8:45 Yoga 10:00 Balance Class 12:00 Lunch 5:00 Deeksha Meditation</p>	<p>29 9:30 Pilates 12:00 Lunch 1:00-3:00 Friday Film with Aspen Historical Society</p>	<p>30 3:00-5:00 "Pre-Tech" computer class at CMC</p>