

# JUNE 2022 EVENTS CALENDAR

SUN	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SAT
			<b>1</b> 10:15 Yoga 12:00 Lunch <b>1:00 History's Mysteries with Christi</b> 1:30 Game Day Afternoon <b>7:00 Alzheimer's Support Grp</b>	<b>2</b> 12:00 Lunch	<b>3</b> 9:00 Tone & Stretch 10:15 Yoga 12:00 Lunch <b>1:30 Bridge class canceled</b>	<b>4</b>
<b>5</b> 2:30-4:30 Knitters & Yarn Crafters	<b>6</b> 10:00 Qigong canceled 12:00 Lunch <b>12:00 Book Bike</b>	<b>7</b> 10:00 Balance Class	<b>8</b> 10:15 Yoga 12:00 Lunch 1:30 Game Day Afternoon	<b>9</b> 12:00 Lunch 12:45 Wildfire Prep	<b>10</b> 9:00 Tone & Stretch 10:15 Yoga 12:00 Lunch <b>1:00 Edible &amp; Medicinal Weeds</b> 1:30 Brush Up Your Bridge	<b>11</b>
<b>12</b> 2:30-4:30 Knitters & Yarn Crafters	<b>13</b> 10:00 Qigong 12:00 Lunch <b>2:00 Alpine Legal</b>	<b>14</b> 10:00 Balance Class <b>Redstone Senior Day:            Brain Games &amp;            Neurobics</b>	<b>15</b> 10:15 Yoga 12:00 Lunch <b>1:00 Senior Council</b> 1:30 Game Day Afternoon	<b>16</b> 12:00 Lunch <b>12:45 Massage with Cheryl Frymire</b>	<b>17</b> 9:00 Tone & Stretch <b>10:15 Yoga canceled</b> 12:00 Lunch 12:45 Vintage Programs 1:30 Brush Up Your Bridge	<b>18</b>
<b>19</b> 2:30-4:30 Knitters & Yarn Crafters	<b>20</b> <b>Senior Center Closed for Juneteenth</b>	<b>21</b> 10:00 Balance Class	<b>22</b> 10:15 Yoga 12:00 Lunch 1:30 Game Day Afternoon	<b>23</b> 12:00 Lunch <b>2:00 Airport tour</b> <b>4:00 Death Café at Pitco Library</b>	<b>24</b> 9:00 Tone & Stretch 10:15 Yoga 12:00 Lunch <b>1:00 Religious Traditions</b> 1:30 Brush Up Your Bridge	<b>25</b>
<b>26</b> 2:30-4:30 Knitters & Yarn Crafters	<b>27</b> 10:00 Qigong 12:00 Lunch <b>12:30 Ukulele Hawaiiana</b>	<b>28</b> 10:00 Balance Class <b>Redstone Senior Day:            "RSVP" with Maria Langen</b>	<b>29</b> 10:15 Yoga <b>10:45 Book Club</b> 12:00 Lunch 1:30 Game Day Afternoon	<b>30</b> 12:00 Lunch <b>1:00 Neurobics &amp; Brain Games</b>	<b>WEEKLY GROCERY SHOPPING</b> <b>Mondays at 1:15</b> <b>Call (970) 384-4897</b> <b>for transportation info</b>	