

THIS WEEK

AT THE PITKIN COUNTY SENIOR CENTER

0275 Castle Creek Road • Aspen

March 2-6, 2026

LUNCH

- Community members and visitors age 60+ are welcome
- Suggested donation: \$4-5
- RSVP 24 hours in advance: (970) 429-6161

MONDAY, MARCH 2

Spinach & Mushroom Quiche,
House Salad,
Key Lime Pie

TUESDAY, MARCH 3

Chicken Cordon Bleu,
Polenta, Broccolini, Zucchini,
Macaroons

WEDNESDAY, MARCH 4

Korean Meatballs, Mashed
Potatoes, Corn, House Salad,
Mochi Ice Cream

THURSDAY, MARCH 5

Seafood Chowder, Baguette,
House Salad,
Lava Cake

FRIDAY, MARCH 6

Senior Center Closed for
Spring Cleaning

CONTINENTAL BREAKFAST

Breakfast items are available
Monday through Friday,
8:30-10:00 a.m.

PROGRAM HIGHLIGHTS

- Programs take place at the Senior Center unless otherwise noted
- For program details & sign-up info: PitkinSeniors.com • (970) 920-5432

MONDAY, MARCH 2

No after-lunch program

TUESDAY, MARCH 3

1:00 AI Workshop*

WEDNESDAY, MARCH 4

10:00-12:00 Counselor Consults*
12:45 Massage w/ Joanne*

THURSDAY, MARCH 5

10:00 Mahjong & Muffins
12:45 Financial Empowerment Center
of the Rockies
1:30 Foot Care*

FRIDAY, MARCH 6

Senior Center Closed for
Spring Cleaning

*These programs require RSVP

FITNESS: Yoga: Mon., Wed. & Fri. • 10:15
Balance: Tue. & Thur. • 10:00
Qigong: Thur. • 11:00
Tone & Stretch: Fri. • 9:15

Reminder: The RFTA Senior Van can help with your transportation needs.
Call (970) 384-4855 for more information and to schedule rides.



**PITKIN COUNTY
SENIOR SERVICES**
Aging Well in Our Community

More info, programs & resources:
PitkinSeniors.com • (970) 920-5432