

THIS WEEK

AT THE PITKIN COUNTY SENIOR CENTER

0275 Castle Creek Road • Aspen

May 4 - 8, 2026

LUNCH

- Community members and visitors age 60+ are welcome
- Suggested donation: \$4-5
- RSVP 24 hours in advance: (970) 429-6161

MONDAY, MAY 4

Tom Kha Gai Soup
(Thai Coconut w/ Chicken),
Cucumber Salad,
Tapioca Pudding

TUESDAY, MAY 5

Seafood Enchiladas
Mexican Rice, Avocado,
Jicama Salad, Sorbet

WEDNESDAY, MAY 6

Cheese Ravioli w/ Alfredo
Sauce, Garlic Bread,
Arugula Salad, Gelato

THURSDAY, MAY 7

Jambalaya w/ Chicken &
Andouille, Dirty Rice,
House Salad, Pecan Pie

FRIDAY, MAY 8

Sloppy Joes,
Potato Salad,
Apple Pie

CONTINENTAL BREAKFAST

Items are available Monday
through Friday, 8:30-10:00 a.m.

PROGRAM HIGHLIGHTS

- Programs take place at the Senior Center unless otherwise noted
- For program details & sign-up info: PitkinSeniors.com • (970) 920-5432

MONDAY, MAY 4

- 1:00 Bird Calls with Liz Bokram
- 1:30 Foot Care*
- 2:00 Alpine Legal Services*

TUESDAY, MAY 5

- Redstone Senior Day: Sound Healing
Meditation with Danielle Klein*
- 12:00 Cinco de Mayo Fiesta!
with music by John Ramos

WEDNESDAY, MAY 6

- 10:00 Counselor Consults*
- 1:15 Trip to Windwalkers*
- 1:30 Active Art at Aspen Art Museum

THURSDAY, MAY 7

- 10:00 Mahjong & Muffins
- 1:30 Foot Care*

FRIDAY, MAY 8

- 1:00 Showtime Friday:
A Guy Named Joe
- 1:30 Bridge for All Levels
- *These programs require RSVP

FITNESS CLASSES

- Yoga: Canceled
- Balance: Tue. & Thur. • 10:00
- Qigong: Thur. • 11:00



**PITKIN COUNTY
SENIOR SERVICES**
Aging Well in Our Community

More info, programs & resources:
PitkinSeniors.com • (970) 920-5432