

NOVEMBER MENU



| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--|---------------------------|---|---|---|
| | NO LUNCH IS SERVED | | 1 Vegetarian Chili, Cornbread, Spinach & Feta Salad, Apple, Mocha Brownie | 2 Cod Florentine, Spinach & Mushrooms, Brown Rice Pilaf, Key Lime Pie |
| 5 Chicken Caesar Salad, Sliced Tomatoes, Mixed Fruit, Apple Crisp | | 7 Meatloaf, Gravy, Mashed Potatoes, Mixed Vegetables, Mixed Greens, Cantaloupe, Birthday Cake | 8 German Sausage Peppers and Onions Oven Roasted Potatoes Coleslaw, Tossed Salad Chocolate Pudding | 9 Seafood Chowder, Sweet Corn, Broccoli & Cauliflower Salad, Lemon Custard, Chocolate Chip Cookie |
| 12 Senior Center Closed for Veterans Day | | 14 Chicken ala King, Green Peas, Mashed Potatoes, Tossed Salad, Orange, Chocolate Cake | 15 Baked Pork Chop, Sage Gravy , Roasted Potatoes, Zucchini, Pear Half, Apple Pie | 16 Lemon Baked Salmon, Lemon Dill Butter, Wild Rice Pilaf, Asparagus, Tomato Cucumber Salad, Lemon Bar |
| 19 Cheese Ravioli, Tomato Basil Sauce, Tossed Salad, Garlic Bread, Italian Veggies, Strawberry Ice Cream | | 21 Roast Turkey, Stuffing, Mashed Potatoes, Gravy, Cranberry Sauce, Green Beans, Mixed Greens, Pumpkin Pie | 22 Senior Center Closed for Thanksgiving Holiday | 23 Senior Center Closed for Thanksgiving Holiday |
| 26 Spaghetti & Meatballs, Marinara Sauce, Zucchini, Caesar Salad Pear Half, Blondie | | 28 Chicken Marsala, Brown Rice, Spinach, Mixed Greens, Strawberry Cheesecake | 29 Beef Stew, Potatoes & Tomatoes, Mixed Vegetables, Tossed Salad, Vanilla Ice Cream, Sugar Cookie | 30 Cajun Baked Mahi, Yams, Sweet Corn, Apple Cranberry Slaw, Mixed Greens, Pecan Pie |
| Whole grain bread and 2% milk are available at each meal unless otherwise indicated. Reservations are required. Call (970) 429-6161, 24-hours in advance. Please arrive by 12:20 p.m. | | | | |