PITKIN COUNTY SENIOR SERVICES
Aging Well in Our Community

SEPTEMBER 2026 EVENTS CALENDAR

SUN	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SAT
	Continental Breakfast: Monday-Friday 8:30-10:00 a.m. **Lunch: Monday-Friday 12:00-12:30 p.m. RSVP required for lunches at (970) 429-6161**	**1** 10:00 Balance Class 11:00 Yoga **1:30 Foot Care***	**2** 10:00 Counselor Consults* 10:00 Mahjong & Muffins **1:00 Ice Cream Social**	**3** 10:00 Balance Class 11:00 Yoga **1:00 AI Superpowers with Sandy Herron**	**4** 9:30 Mental Health Care Appointments 11:30 CSA Farmer's Market **1:00 Author Talk with T.A. Stevens: *Ida Chatfield*** 1:30 Bridge for All Levels	**5**
6 1:00-3:00 Knitters & Yarn Crafters	**7** **Senior Center closed for Labor Day**	**8** 9:00 Chat w/ Gerontologist* 10:00 Balance Class 11:00 Yoga **1:30 Foot Care*** **Redstone Senior Day*** **Understanding Alzheimer's & Dementia**	**9** 10:00 Counselor Consults* 10:00 Mahjong & Muffins **1:00 Growing Older Doesn't Suck with Dr. Terry**	**10** 10:00 Balance Class 11:00 Yoga 11:30 CSA Farmer's Market **1:00 Senior Center closed for Staff Training**	**11** **Senior Center Closed for Staff Retreat**	**12**
13 1:00-3:00 Knitters & Yarn Crafters	**14** **10:00 Brain Health Class*** 10:00 Canasta 11:00 Qigong **1:00 AI Workshop with Mark Goodman** **2:00 Alpine Legal***	**15** 9:00 Chat w/ Gerontologist* 10:00 Balance Class 11:00 Yoga **1:00 Showtime Tuesday—*It's a Mad, Mad, Mad, Mad World*****	**16** 10:00 Counselor Consults* 10:00 Mahjong & Muffins 1:00 Senior Services Council	**17** 10:00 Balance Class 11:00 Yoga 1:00 Active Art @ AAM **1:30 Sound Healing**	**18** 9:30 Mental Health Care Appointments 11:30 CSA Farmer's Market **12:45 Turning the Page Together** 1:30 Bridge for All Levels	**19**
20 1:00-3:00 Knitters & Yarn Crafters	**21** **10:00 Brain Health Class*** 10:00 Canasta 11:00 Qigong **1:00 Author Talk: Tom Karrel - *The Lost Art of Random Conversations***	**22** 10:00 Balance Class 11:00 Yoga **1:00 Ethical Wills** **Redstone Senior Day*** **AI Workshop with Mark Goodman**	**23** 10:00 Counselor Consults* 10:00 Mahjong & Muffins **1:15 Two Roots Farm Tour*** **1:30 Foot Care***	**24** 10:00 Balance Class 11:00 Yoga **1:00 AI Workshop with Mark Goodman**	**25** 9:30 Mental Health Care Appointments 11:30 CSA Farmer's Market **12:00 Fall Fest*** **12:30 Ask a Librarian** **1:00 Cooking with Cam!** 1:30 Bridge for All Levels	**26** **9:00 Rotary Club Fall Leaves Tour***
27 1:00-3:00 Knitters & Yarn Crafters	**28** **10:00 Brain Health Class*** 10:00 Canasta 11:00 Qigong **1:15 Maroon Bells Outing***	**29** 10:00 Balance Class 11:00 Yoga **1:30 Foot Care***	**30** 10:00 Counselor Consults* 10:00 Mahjong & Muffins **10:30 Book Club** **1:00 Active Art @ SC**	**MidValley Family Practice provides a mental health specialist on Fridays 9:30 a.m.-1:30 p.m. Call for an appointment (970) 920-5432**	***RSVP for these programs at (970) 920-5432**	