THIS WEEK

AT THE PITKIN COUNTY SENIOR CENTER

0275 Castle Creek Road • Aspen

September 21 - 25, 2026

LUNCH

- *Community members and visitors age 60+ are welcome*
- *Suggested donation: $4-5*
- *RSVP 24 hours in advance: (970) 429-6161*

MONDAY, SEPTEMBER 21
Spinach & Mushroom Quiche,
House Salad,
Macarons

TUESDAY, SEPTEMBER 22
Pizza Party!
Cookies

WEDNESDAY, SEPTEMBER 23
Cam's Chili,
Cornbread,
Heirloom Tomato Salad,
Cherry Pie

THURSDAY, SEPTEMBER 24
Teriyaki Chicken,
Roasted Carrots & Broccoli,
Sunomono Salad,
Rice Pudding

FRIDAY, SEPTEMBER 25
Butternut Squash Soup,
Zucchini Bread,
House Salad,
Baked Pear

CONTINENTAL BREAKFAST

Items are available Monday through Friday, 8:30-10:00 a.m.

PROGRAM HIGHLIGHTS

- *Programs take place at the Senior Center unless otherwise noted*
- *For program details & sign-up info: PitkinSeniors.com • (970) 920-5432*

MONDAY, SEPTEMBER 21
10:00 Brain Health Class Week 2*
10:00 Canasta
1:00 Author Talk: Tom Karrel: LARC

TUESDAY, SEPTEMBER 22
1:00 Ethical Wills
Redstone Senior Day* - AI Workshop

WEDNESDAY, SEPTEMBER 23
10:00 Counselor Consults*
10:00 Mahjong & Muffins
1:15 Tour of Two Roots Farm*
1:30 Foot Care*

THURSDAY, SEPTEMBER 24
1:00 AI Work Shop w/ Mark Goodman

FRIDAY, SEPTEMBER 25
12:30 Ask a Librarian
12:45 Fall Fest with Music by A.O. Forbes
1:00 Cooking with Cam - Kimchi
1:30 Bridge for All Levels

**These programs require RSVP*

FITNESS CLASSES

Qigong: Mon. • 11:00
Balance: Tue. & Thur. • 10:00
Yoga: Tue. & Thur. • 11:00

PITKIN COUNTY SENIOR SERVICES
Aging Well in Our Community

More info, programs & resources:
PitkinSeniors.com • (970) 920-5432