THIS WEEK

AT THE PITKIN COUNTY SENIOR CENTER

0275 Castle Creek Road • Aspen

Sept. 28 - Oct. 2, 2026

LUNCH

- *Community members and visitors age 60+ are welcome*
- *Suggested donation: $4-5*
- *RSVP 24 hours in advance: (970) 429-6161*

MONDAY, SEPTEMBER 28
Salad Niçoise,
Baguette,
Lava Cake

TUESDAY, SEPTEMBER 29
Beef Stroganoff, Green Beans,
Arugula Salad,
Fruit Parfait

WEDNESDAY, SEPTEMBER 30
Salmon Burgers, Potato Chips,
Macaroni Salad,
Ice Cream

THURSDAY, OCTOBER 1
Bratwurst, Pretzel Rolls,
German Potato Salad,
Chocolate Cake

FRIDAY, OCTOBER 2
Seafood Bisque,
House Salad,
Sorbet

CONTINENTAL BREAKFAST

Items are available Monday through Friday, 8:30-10:00 a.m.

PROGRAM HIGHLIGHTS

- *Programs take place at the Senior Center unless otherwise noted*
- *For program details & sign-up info: PitkinSeniors.com • (970) 920-5432*

MONDAY, SEPTEMBER 28
10:00 Brain Health Class*
10:00 Canasta*
1:15 Maroon Bells Outing*

TUESDAY, SEPTEMBER 29
1:30 Foot Care*

WEDNESDAY, SEPTEMBER 30
10:00 Counselor Consults*
10:00 Mahjong & Muffins
10:30 Book Club
1:00 Active Art at the Senior Center

THURSDAY, OCTOBER 1
12:00 Oktoberfest Lunch
1:00 Touch of Tie-Dye*

FRIDAY, OCTOBER 2
11:30 CSA Farmer's Market
1:15 Learn about Sukkot at AJC*
1:30 Bridge for All Levels

**These programs require RSVP*

FITNESS CLASSES

Qigong: Mon. • 11:00
Balance: Tue. & Thur. • 10:00
Yoga: Tue. & Thur. • 11:00

PITKIN COUNTY SENIOR SERVICES
Aging Well in Our Community

More info, programs & resources:
PitkinSeniors.com • (970) 920-5432